



Instructions:

- To enter Sagicor SIGMA Corporate Run, complete the entry form below, read the Waiver carefully, and sign and return the form to your Team Captain. **Note: WAIVER FORMS MUST BE SIGNED BY EACH INDIVIDUAL PARTICIPANT. INCOMPLETE FORMS OR FORMS BEARING THE SIGNATURE OF SOMEONE OTHER THAN THE PARTICIPANT WILL NOT BE ACCEPTED.** If you are under the age of 18 years old, the WAIVER must be signed by a parent or guardian. Entries are **NON TRANSFERABLE.**
- No entry will be accepted after close of race registration on **Tuesday, February 1, 2019. No faxed entries will be accepted.**
- The WALK race is for WALKERS only. If you intend to run or jog at any point during the race, you must enter the RUN race. Any participant in the WALK race observed to be running will be disqualified by Race Officials and be ineligible for awards.
- To register in either the WALK or RUN events, you must be 8 years old and older on race day.
- Each entrant will receive an official MyLaps® race bib with an embedded chip that will provide your personal time from start to finish. You must cross the timing mats at start and finish line in order to get a race time.
- Make sure you receive your MyLaps® BIB from your Team Captain prior to race day. BIBS are to be pinned to the FRONT of your shirt. Your BIB number is labeled with your name and marked for the event you entered — either the WALK or RUN race. You must wear the MyLaps® BIB that is encoded with your own information. Do not switch or give your bib to anyone. **Fair play rules and honesty apply!**
- Only entrants with RUN BIBS are to line up for the RUN race. Similarly, only entrants with WALK BIBS are to line up for the WALK race.
- Each participant is responsible for knowing and complying with all the official rules and regulations. Failure to comply with the rules of the Sagicor SIGMA Corporate Run will subject you to disqualification.

On Race Day, Sunday, February 17, 2019: Be sure to arrive early at Emancipation Park for the pre-race Aerobic Warm-up at **6:45am**. The 5 Kilometer RUN race starts promptly at **7:30 a.m.** and is immediately followed by the WALK race. Don't be late as the Sagicor SIGMA Corporate Run has a flawless history of starting all events on time.

Parking & Road Closure: The staging area for the race is Emancipation Park in New Kingston, where all participants should gather for warm-up activities. The start line is at the Sagicor Building (Annex) on Knutsford Boulevard and the race finishes at Emancipation Park. Please follow the directions of Traffic Wardens to designated parking areas as no parking will be facilitated on Knutsford Boulevard or at Emancipation Park. Roads leading to and from Emancipation Park will close at **6:45am** to facilitate the prompt start of the race events.

A final note: The 2019 Sagicor SIGMA Corporate Run is organized to promote fitness, company spirit and teamwork while raising money for a worthy charity. Most of all, the objective is to have fun. Everyone is a winner for having made it to the START line!

✂ Please cut here and return the Waiver to your Team Captain ✂

Please Print Clearly

Official Use Only
BIB Number:

GROUP NAME

LAST NAME

FIRST NAME

MI

 -

Date of Birth (DOB)

TELEPHONE NUMBER

DAY

MTH

YEAR

You must check either box below:

18 yrs and older on race day

Under 18 yrs (DOB and AGE must be provided. A parent or guardian must sign waiver form)

SEX:

(Male)

(Female)

PLEASE CHECK ONE ONLY

WALK

The **WALK** race is for **WALKERS!**
If you run, you will be disqualified and be ineligible for awards.

RUN

WHEELCHAIR

Please read and sign this waiver/release:

I know that participating in a run/walk is potentially hazardous and do so entirely at my own risk. I will not enter unless I am at least 8 years of age on race day, medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event, including but not limited to falls, contact with other participants, the effect of weather including high heat and/or humidity, and the conditions of the road and traffic on the course. All of these risks are known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself, and anyone acting on my behalf, waive, release and hold harmless Sagicor Group Jamaica Limited, its parent companies, subsidiaries and related entities, the Jamdammers Running Club of Kingston, the beneficiary charity and all suppliers, all sponsors, all the aforementioned parties, respective directors, officers, employees, agents, assignees, representatives and successors and any individual or group associated therewith, from and against all claims, damages, liabilities, costs and expenses of any kind including reasonable attorney's fees arising out of my participation in this event even though that liability may arise out of my negligence, carelessness, actions or omissions, and/or the negligence, carelessness, actions or omissions of any individual or organization named in this waiver. I further agree to hold harmless and release from liability the individuals and organizations named in this waiver for any pre-existing medical condition, known or unknown at the time of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, verbal or written statements, or any other record of this event for any legitimate purpose. I am of legal age, having read this release, fully understand it and freely agree to all of its terms.

X _____
Signature of Participant

Email: _____ Date _____

By providing your email you agree to receive product information from Sagicor Group Jamaica Ltd.

X _____
If you are under the age of 18, you must have a parent or guardian's signature

Parent/ Guardian

