

RACE INSTRUCTIONS FOR INDIVIDUALS

The 2018 SAGICOR SIGMA CORPORATE RUN is a 5K Kilometer (3.1 mile) event that is open to runners and walkers of all fitness levels and abilities. It is different from all other road races as the focus is on company teams but still allows individual participation.

If you are unable to register through a participating team, you may enter as an individual by:

1. Registering online at www.sagiorsigmarun.com. Print confirmation and submit along with cash payment to the **Sagicor SIGMA Corporate Run Secretariat, 1st Floor, R. Danny Williams Building, 28-48 Barbados Avenue, Kingston 5, Tel: 936-7980-2 • Fax: 754-4366**
2. Payments can be made via cheque at any branch of **Sagicor Bank Jamaica Ltd.** as well as the **Sagicor SIGMA Corporate Run Secretariat at the Sagicor Foundation, 1st Floor, R. Danny Williams Building, 28-48 Barbados Avenue, Kingston 5.** You can also pay electronically by visiting www.runningeventsja.com.
3. Registering manually by completing and submitting the Waiver Form and cash payment to the locations noted above. **No faxed entries will be accepted.**
4. Entries will not be processed without payment of race entry fees of:
 - Adults and Children over 8 years - **\$1,200** (This package does not include a T-Shirt)
5. No entries will be accepted after the close of race registration on **Friday, February 2, 2018.**
6. Switching of race events is **NOT** allowed once race registration is closed.
7. You may purchase the official Sagicor SIGMA Corporate Run dry-fit shirt at an additional cost of **\$1350.**



Packet Pick-up and Race Info:

- Race packets must be collected from **Tuesday, February 13, 2018 to Saturday, February 17, 2018** at the **Sagicor SIGMA Corporate Run Secretariat, 1st Floor, R. Danny Williams Building, 28-48 Barbados Avenue, Kingston 5.** There is **NO** race day packet pick-up.
- Each entrant will receive an official MyLaps® race bib with an embedded chip that will provide your personal race time from start to finish. You must cross the timing mats at the start and finish line in order to get a race time with your bib pinned to the **FRONT** of your shirt.
- Your BIB number is labeled with your name and marked for the event you entered — either the WALK, RUN or WHEELCHAIR race. Do not switch or give your bib to anyone.
- Only entrants with RUN BIBS are to line up for the RUN race. Similarly, only WALK BIBS are to line up for the WALK race.
- Sagicor SIGMA Corporate Run is a team competition. Individual entrants ARE NOT eligible for Corporate Team or Corporate Individual awards.
- Each participant is responsible for knowing and complying with all the official rules and regulations. Failure to comply with the rules of the Sagicor SIGMA Corporate Run will subject you to disqualification.
- Be sure to arrive at Emancipation Park for the pre-race Aerobic Warm-up at **6:45 a.m.** The RUN race starts promptly at **7:30 a.m.** and is immediately followed by the WALK race. Don't be late as the Sagicor SIGMA Corporate Run has a flawless history of starting all events on time.

For queries, please contact: **SIGMA Corporate Run Secretariat, Sagicor Group Jamaica Limited**
Email: SGJSigmaSecretariat@sagicor.com • Tel: 936-7980-2 • Fax: 754-4366

Please cut here and return Waiver Form to Sagicor Group Jamaica

20 YEARS
OF RUNNING FOR
A PURPOSE

SAGICOR SIGMA CORPORATE RUN 2018

"20 Years of Running For A Purpose"



Participant's Waiver Form for INDIVIDUALS

LAST NAME

FIRST NAME

MI

 -

TELEPHONE NUMBER

Date of Birth (DOB)

DAY

MTH

YEAR

Note: To register you must be 8 years old or older on race day.

You must check either box below:

- 18 yrs and older on race day
- Under 18 yrs (DOB and AGE must be provided. A parent or guardian must sign waiver form)

SEX:
(Male) (Female)

PLEASE CHECK ONE ONLY! **WALK** The **WALK** race is for **WALKERS!** If you run, you will be disqualified and be ineligible for awards. **RUN** **WHEELCHAIR**

Please read and sign this waiver/release:

I know that participating in a run/walk is potentially hazardous and do so entirely at my own risk. I will not enter unless I am at least 8 years of age on race day, medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event, including but not limited to falls, contact with other participants, the effect of weather including high heat and/or humidity, and the conditions of the road and traffic on the course. All of these risks are known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself, and anyone acting on my behalf, waive, release and hold harmless Sagicor Group Jamaica Limited, its parent companies, subsidiaries and related entities, the Jamdammers Running Club of Kingston, its directors, officers, employees, agents or contractors, assignees, the beneficiary charity and all suppliers, all sponsors, all the aforementioned parties, respective directors, officers, employees, agents, assignees, representatives and successors and any individual or group associated therewith, from and against all claims, damages, liabilities, costs and expenses of any kind including reasonable attorney's fees arising out of my participation in this event even though that liability may arise out of my negligence, carelessness, actions or omissions, and/or the negligence, carelessness, actions or omissions of any individual or organization named in this waiver. I further agree to hold harmless and release from liability the individuals and organizations named in this waiver for any pre-existing medical condition, known or unknown at the time of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, verbal or written statements, or any other record of this event for any legitimate purpose. I am of legal age, having read this release, fully understand it and freely agree to all of its terms.

X _____
Signature of Participant

Email: _____ Date _____

By providing your email you agree to receive product information from Sagicor Group Jamaica Ltd.

X _____ Parent/Guardian
If you are under the age of 18, you must have a parent or guardian's signature

Please indicate your t-shirt size: Small Medium Large X Large XXL Large

Each shirt costs \$1350.